

Ordering Your Private World

Exercises for Leadership Development

While there are many practical things you can and should draw from each of the sectors in this book, the following are ones I have found helpful and would encourage you to try. With each of these exercises, the discussion and processing done afterward is key.

Sector 1: Calling

Write out a life mission statement after reading through the first sector.

Sector 2: Time

Map out your typical week and what you do. Note how time is spent, note the rhythms, etc.

Map out your typical month. Note how time is spent, rhythms, etc.

Sector 3: Wisdom and Knowledge

Find one new study habit to implement

Find one subject you ought to start pursuing

Sector 4: Spiritual Strength

Try journaling a few times. This does not have to be daily; it can be weekly, etc.

Sector 5: Rest

Practice the Sabbath